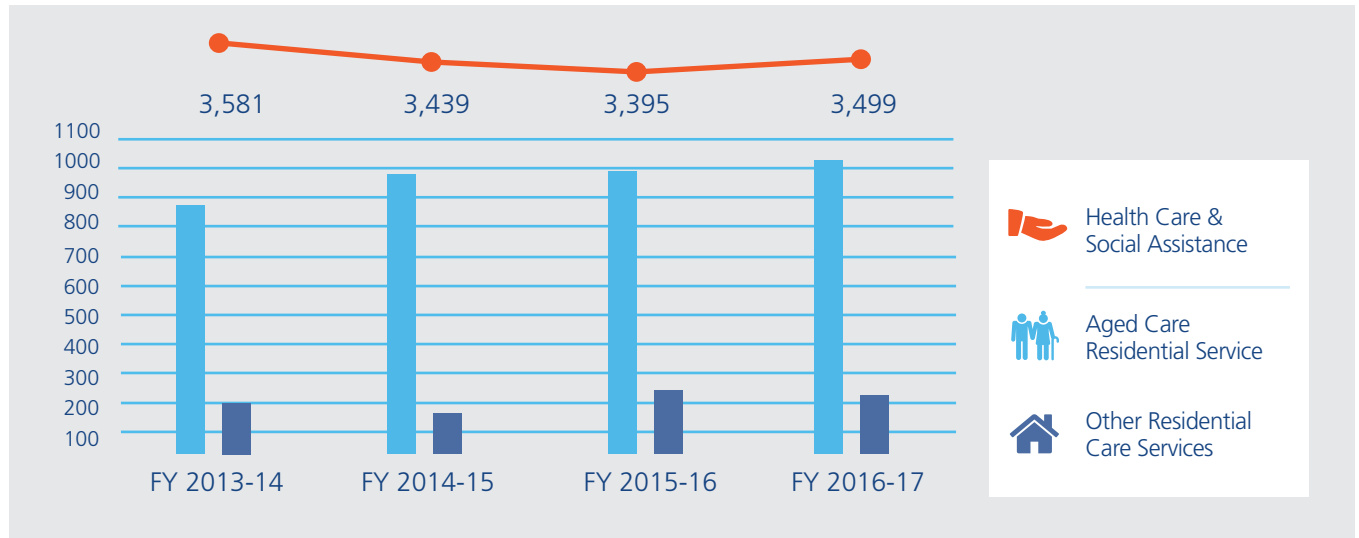


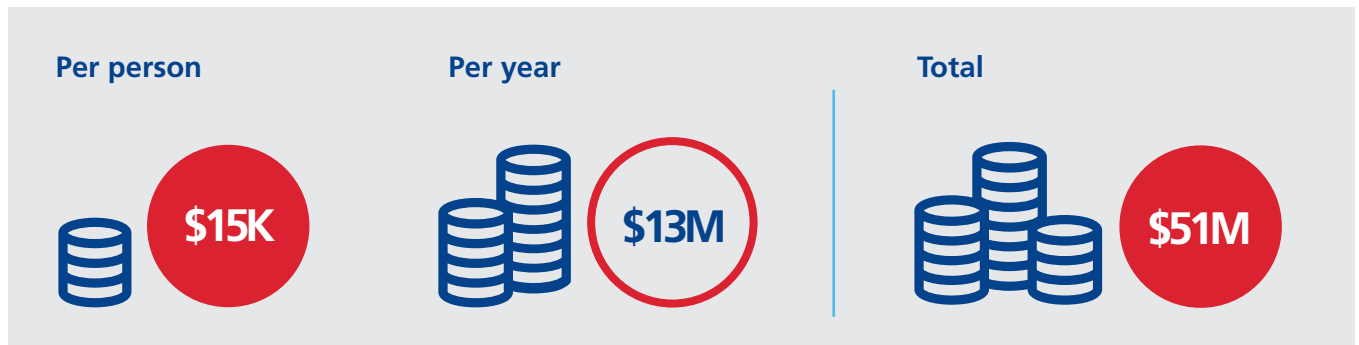
Aged Care Action Plan 2018-2020

SafeWork SA is working with business and industry to improve health and safety outcomes. Aged Care Residential Services & Other Residential Care Services are sub-divisions of the Health Care and Social Assistance Industry. This industry action plan identifies who, how and where people are being injured most and what we will do to contribute to the reduction of workplace injuries across South Australia.

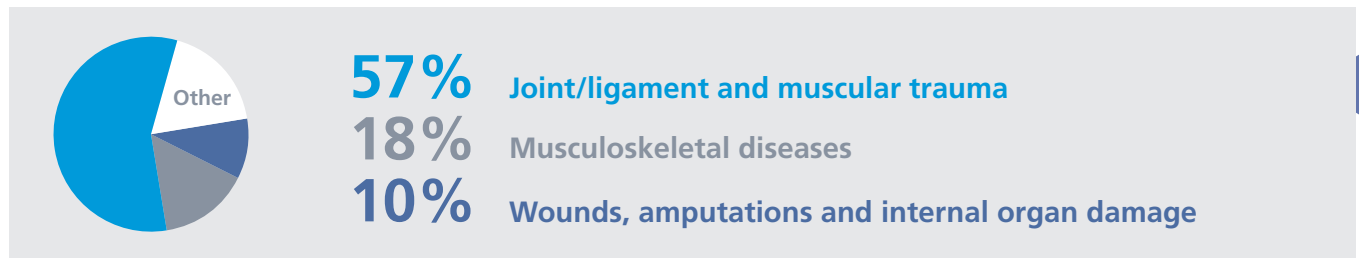
South Australian work injury claims



Average claims costs 2014-2017

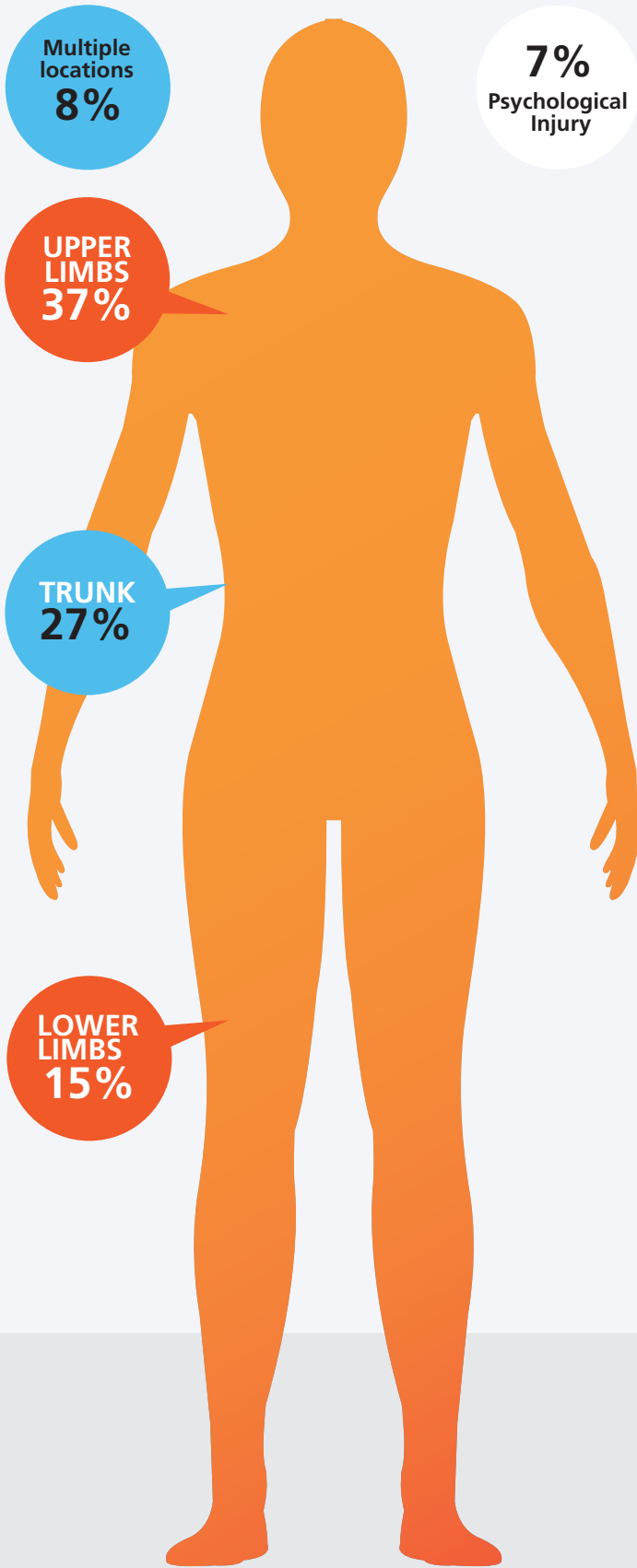


Top 3 injuries



Who is being hurt?





Common injuries

- > Joint/ligament and muscular trauma
- > Musculoskeletal diseases
- > Wounds, amputations, and internal organ damage
- > Mental conditions
- > Fractures
- > Burns

Causes

- > Body stressing
- > Being hit by moving objects
- > Being assaulted by a person or persons
- > Slips, trips and falls
- > Mental stress
- > Hitting objects with a part of the body
- > Vehicle incidents

Psychological injury

"There are a range of risk factors that can impact health professionals' mental health and wellbeing at work. These include heavy workloads, long working hours, shift work, compassion fatigue, occupational violence, exposure to trauma, bullying and harassment, and abuse/mistreatment from patients and patients' families"

Developing a workplace mental health strategy.
A how-to guide for health services. Beyondblue

Visit safework.sa.gov.au/freadvice or call us on 1300 365 255 to book a free work health and safety advisor visit at a time and place that suits you.

Strategic Outcomes

These strategic outcomes have been derived from the national Safe Work Australia Strategic Plan and South Australia's priority work health and safety focus areas.



Healthy and safe by design

Structures, plant and substances are designed to eliminate or minimise hazards and risks before they are introduced into the workplace.

Work, work processes and systems of work are designed and managed to eliminate or minimise hazards and risks.



Supply chains and networks

Supply chain and network participants understand their cumulative impact and actively improve the health and safety of the supply chain.

Commercial relationships within supply chains and networks are used to improve work health and safety.

Industry leaders champion work health and safety in supply chains and networks.



Physical, mental health and wellbeing

Increased capacity of industry and individual workplaces to improve health and wellbeing and manage injuries.



Youth

Everyone in the workplace is aware of youth developmental stages and are informed to make sound decisions on the tasks and conditions needed to ensure that young workers are able to work safely.



Leadership and culture

Communities and their leaders drive improved work health and safety.

Organisational leaders foster a culture of consultation and collaboration which actively improves work health and safety.

Health and safety is given priority in work processes and decisions.



Research and evaluation

The results of research and evaluation are disseminated and implemented.



Government

Governments use their investment and purchasing power to improve work health and safety.

Governments departments promote community safety and provide education to support community health and safety.



Health and safety capabilities

Everyone in a workplace has the work health and safety capabilities they require.

Those providing work health and safety education, training and advice have the appropriate capabilities.

Work health and safety skills development is integrated effectively into relevant education and training programs.

Our focus areas

Body stressing

Slips trips and falls

Challenging behaviour

Cultural and linguistic diversity

Shift work relating to fatigue

Grief and loss (death & dying)

Driver safety

WHS duties in community care

Leadership and culture

Mental health

What we will do 2018-2020

- 1** Partner with industry bodies to promote practical health and safety solutions for employers, workers, contractors and labour hire. 

- 2** Engage with the industry by providing practical advice and support to those seeking information on the minimisation of body stressing due to hazardous manual tasks; including consideration of the link between physical and psychological factors. 

- 3** Disseminate practical information and advice addressing key focus areas to encourage effective management of risks to health and safety; noting the cultural and linguistic diversity in this sector. 

- 4** Engage with state and other industry stakeholders to deliver and promote practical risk management and controls for driver safety in aged and community care. 

- 5** Physical and Mental Health and Wellbeing Program
 - › Collaborate with other government agencies to design and implement additional health and wellbeing programs including a focus on shift work relating to fatigue, respectful behaviour, patient (& public) challenging behaviours. 

- 6** Safety Leadership and Culture Program
 - › Support industry associations and government to promote health and safety for small and medium sized employers.
 - › Promote sharing of safety improvements and best practice between industry leaders and employers. 

- 7** Young Workers Strategy
 - › Encourage good work processes and systems of work for young and inexperienced workers. 

- 8** Provide education and advice on shared duties of employers, workers and clients relating to working alone e.g. remote or isolated work. 

- 9** Engage with secondary and tertiary education institutions, and industry-based training organisations to influence health and safety training curricula for students, in clinical and non-clinical areas. 

- 10** Promote supply chain solutions for packaging and transport of goods and supplies; including kitchen, laundry and waste to reduce hazardous manual tasks. 

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Government of South Australia

SafeWork SA